

India Aryan Civilization Activity

Belief it! Create a Hindu Mandala

In Sanskrit, Mandala means "circle." Mandalas symbolize the cyclical nature of the universe - birth, life, death, re-birth - and people often use mandalas as a way to focus themselves during meditation. For your mandala, think about how Hindu beliefs relate to one another and follow the direction on the web site to create a mandala of your own.

